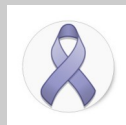
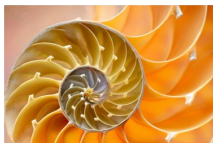


# Eating Disorder Awareness Week

***Eating disorders affect thousands of Albertans. Learn more. Reach out. Connect with others. Build hope. Reduce stigma. Join us!***



Eating Disorder Awareness Week is presented through a partnership between :



Eating Disorder Support Network of Alberta



Canadian Mental Health Association  
Edmonton  
*Mental health for all*

**Feb. 2: 10 am** Official Proclamation of Eating Disorder Awareness Week.  
*City Hall. 1 Sir Winston Churchill Square*

**Feb. 2: 8 pm** High Level Bridge lit up in periwinkle for Eating Disorder Awareness Week.

**Feb. 4: 7-9 pm** Panel Discussion.  
*Alberta Teachers' Assoc., Barnett House 11010 142 St.*

**Feb. 7: 2-4 pm** #smashED. Come smash your bathroom scale or make a donation to smash one of ours! Pieces will be used to complete an art piece on positive body image.  
*Churchill Square*

**Feb. 8: 4-5 pm** Book Launch. "Book of Hope- stories of love, courage and recovery from families who have battled eating disorders". Written by Edmonton writer Sue Huff.  
*Lois Hole Library 17650 69 Avenue*

**For more information visit:**  
[eatingdisordersupportnetworkofalberta.com](http://eatingdisordersupportnetworkofalberta.com)

**Tweet using:  
#smashED  
#EDAWyeg**