

The Chocoholic Nutritionist™

CEO (Chief Energy Officer), Online Course Facilitator & Professional Speaker



Registered Dietitian Andrea Holwegner ("The Chocoholic Nutritionist™") is founder and owner of Health Stand Nutrition Consulting Inc. She leads a team of global professional Dietitians that help empower people to create a healthy and joyous relationship with food and their body. Visit www.HealthStandNutrition.com for her latest TV segments, articles and healthy recipes on her award-winning blog and popular weekly nutrition newsletter.

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