

# Introduction for Andrea Holwegner



NUTRITION CONSULTING INC.

*Andrea kindly asks that you read out the following introduction exactly as is. Thanks for your help with this!*

We all know that we should eat healthier.

But... we also know that *chocolate* is far **better** than kale.

Our next speaker manages a team of Dietitians at her Calgary nutrition consulting practice since 2000, has counseled Team Canada Olympians, and is featured almost weekly in the media.

She is a sought after expert regarding nutrition strategy for groups such as Chevron, the Alberta Government, Jugo Juice, AG Foods, and BrightPath Early Learning.

She is a “foodie,”

loves playing in the dirt in the vegetable garden she grows with her son...

**AND** is a die hard chocoholic.

Please welcome... ***the chocoholic nutritionist***...

Andrea Holwegner (*Hall-weg-ner*).

Live **healthFULLY** + **soulFULLY**™